

JUNE 07, 2024

SENIOR VOICE

Trinity School, Teignmouth, TQ14 8LY

Headmaster's Message

BY MR ROBINSON

Once upon a time, I foolishly decided as a second date to take a young woman to see the movie Saving Private Ryan. Quite incredibly she still decided to marry me. I say this because for those who have watched the first twenty minutes of this film, it is a visceral re-enactment of the approach of American troops to Omaha beach on the morning of D Day, June 6th 1944. I went to see it in a cinema on the corner of Oxford Street and the Edgware Road. No longer with us but at the time one of the few cinemas with new surround sound technology. Steven Spielberg, the director of the film, was all too aware of the new technology and sound scape that could be created. The sound of war is very much a part of the story he produced. I remember at times the sound in the cinema was so great, it shook the seats and those sitting in them. I can only imagine the dislocation and disorientation of those who were involved in the real terror of the landings across Sword, Juno, Omaha, Utah and Gold beaches on D Day.

This week we had an assembly looking at this event and the news has been full of stories of the few surviving veterans embarking to France to commemorate the 80th anniversary. We have also been able to read many first hand accounts from those who survived. One such account which struck me was that of the 100 year old Navy veteran, Geoffrey Weaving

Continued overleaf...

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History Corner



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He said; I think when you're at war, you're not concentrating on fear or anything like that. You just get on and do what you have to do – if a bullet is coming your way, then that's just tough.

I visit the cenotaph every year because I feel I have a duty to do so; to remember who they were, how brave they were, and how they died. The country has a duty to remember them too.

Geoffrey Weaving's resilience, fortitude and stoicism are typical of his generation but so too is his sense of duty and responsibility to others and respect for what they did for a greater good.

With the Russian attack on Ukraine, we are currently witnessing the first state on state war in Europe since the Second World War. In 1941, Russia had been attacked and was defending itself against real Nazis not the propaganda fiction served up today by Vladimir Putin to justify his deluded imperial fantasy that Ukrainians are both Russian and the aggressor. In contrast, on the eve of D Day in 1944, General Montgomery, the Commander in Chief of the allied ground forces, sent a message to his troops, part of which stated; To us is given the honour of striking a blow for freedom which will live in history; and in the better days that lie ahead men will speak with pride of our doings. We have a great and a righteous cause.

It is this that means that we should remember those that gave their lives all those years ago and that we should commemorate the event, even long after the last veterans have left us. The fate of the future world hung in the balance that day and the cause was great. The ultimate victory that followed the success, narrowly gained at D Day, laid the foundations of the peace, not a world of Nazi ideology, that has until recently been enjoyed by Europe. Peace is a more fragile thing than it seems and can easily be lost and then, as these D Day celebrations teach us, it is hard fought to get back. As well as remembering the character of those who fought for peace and their legacy, we have many lessons from D Day to reflect on for our future.



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HISTORICAL ANNIVERSARIES OF REMEMBRANCE THIS WEEK

On Tuesday, Mrs Evans and Mr Turnbull led an excellent assembly marking the anniversaries of the Dunkirk Evacuation (84 years ago) and D-Day (80 years ago).

4th June- Dunkirk Evacuation

Operation Dynamo, the evacuation from Dunkirk, involved the rescue of more than 338,000 British and French soldiers from the French port of Dunkirk between 26 May and 4 June 1940. It is often referred to as 'The Miracle of Dunkirk' as Churchill and his advisers had expected that it would be possible to rescue only 20,000 to 30,000 men.

6th June- D-Day

The D-Day landings of 6 June 1944 was the largest seaborne invasion in history. Along with the associated airborne operations, it marked the beginning of the liberation of France and western Europe.

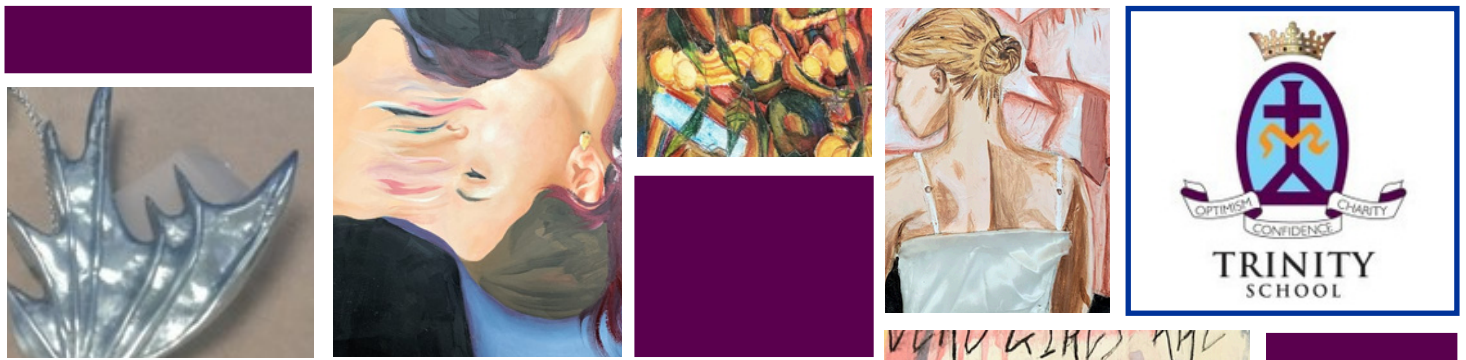
C OF E MILITARY PRAYER

LORD OF THE NATIONS,
WE HONOUR THE BRAVERY
AND SACRIFICE OF THOSE
WHO SERVED.

GRANT US SIMILAR
COURAGE TO RECOGNISE
AND RESTRAIN EVIL IN
OUR OWN DAY,
AND MAY THOSE WHO
LEAD THE NATIONS OF
THE WORLD
WORK TOGETHER TO
DEFEND HUMAN LIBERTY,
THAT WE MAY LIVE
PEACEABLY ONE WITH
ANOTHER.

THIS WE ASK IN THE NAME
OF THE PRINCE OF PEACE,
OUR SAVIOUR JESUS
CHRIST.
AMEN.





A showcase of Yr.11 and Yr.13
GCSE and A Level work.



Art & Design Technology Summer Exhibition 2024



All parents, students
and staff are welcome.

Art Room
Thursday 27th June
5pm—7pm



Design by
Letizia Booz
(Year 12)

YEAR 7 BOAT RACE

Wednesday 5th June, the day between the anniversary of Dunkirk and that of D Day and the Normandy Landings saw our own 'little ships' take to the water in the annual Amazon Patrol Craft Race.

The hard work and many hours in the Design Technology workshop, saw the fruits of year 7's labour, afloat, 26 boats racing across the Trinity swimming pool. The standard of shipwright skills were particularly high this year, after modifications to the hull weighting, careful distribution of ballast and some element of luck...one clear winner emerged, well done Laith Owalsky.



"It has been an especially good year, the boats out-performed any from previous races, with some spectacularly fast crossings, I simply can't wait for next year's race now."

BOARDER



YEAR 8 LINGUISTS- SPANISH CAFE STYLE

Mrs Climent's year 8 linguists have been learning the topic of food and today they used their speaking skills to order some yummy Spanish tapas. ¡Delicioso!



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YEAR 8 LINGUISTS- SPANISH CAFE STYLE



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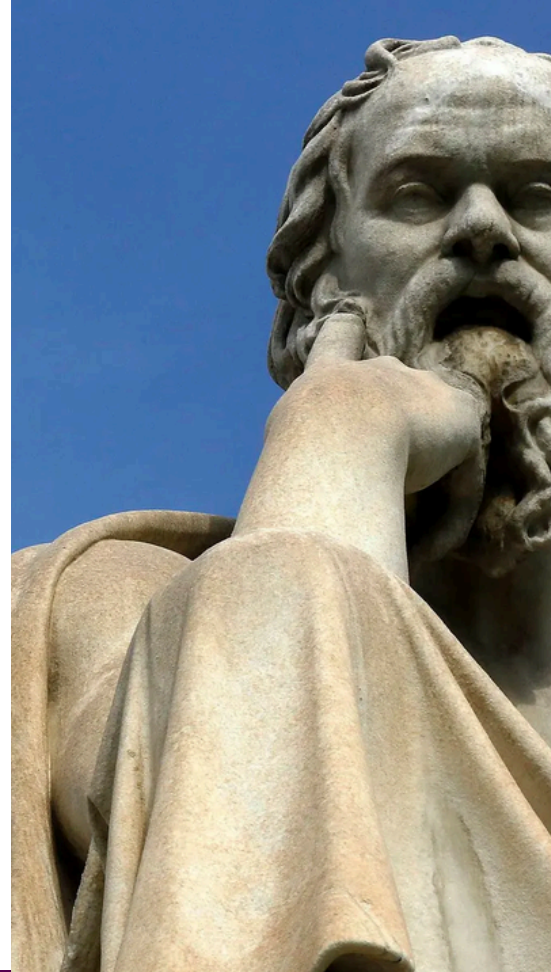


PHILOSOPHER OF THE MONTH

Well done to Bertie Smith whose piece on Socrates won Mrs Bird's Philosopher of the Month Competition. Bertie's favourite quote by Socrates is:

**FALLING DOWN IS
NOT A FAILURE
FAILURE COMES
WHEN YOU STAY
WHERE YOU HAVE FALLEN
-SOCRATES**

Bertie said, "I chose this quote it is explaining that if you don't move on when you fail, then you are going to be in a worse position than you were in the first place. When he is talking about falling, he doesn't mean physically falling down, he means, for example, when you get fired, that you should get up and get yourself into a better place than you were in before."





Gardening Club

Do any of our Trinity friends and family have an unwanted small shed or outdoor storage container for our Gardening Club to keep their tools? It does not need to be new.

Please contact:
bryantj@trinityschool.co.uk



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BOARDING LIFE

The boarders have really been making the most of our fantastic new Strength and Conditioning Gym during the evenings. Great to see so many of them in there!

This weekend, the boarders are going on a wildlife safari around the Devon coastline, pottery painting and they have soft archery to look forward to as well.



"If I have something to talk about, I can always ask somebody here to have a conversation, that make me feel like home."

BOARDER



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SURF'S UP!

Students in Year 9 and 10 were extremely excited to take part in the surfing lessons at Bigbury Beach this week (despite the grumpy photo!)

The surf lessons have been added to their Tuesday afternoon games sessions during the summer term.

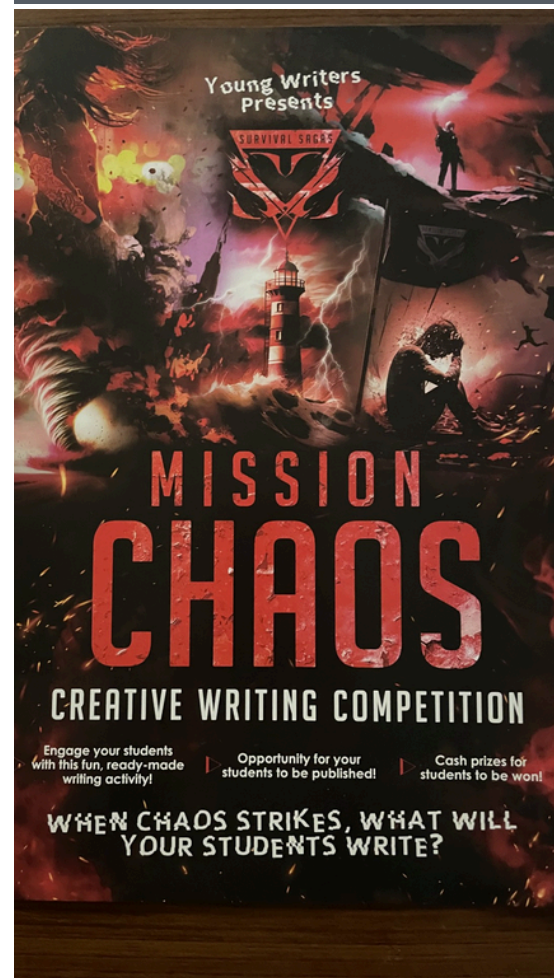


MISSION CHAOS

Some year 9's took up the challenge of entering this young writers' competition in their English lesson today. The challenge is to write a story based on the theme of chaos in 100 words or less.

Mrs Bird will submit them and we will find out after the summer holidays if they are winners.

Well done year 9!



READING RECOMMENDATIONS

The library has been looking at ways to extend the range of authors currently read by students and encouraging them to explore new and different authors and genres. So, Mrs Knapman has kindly compiled a NEW list of 'Books to Read Before You Have Left Senior School'. Here are a few:

The Fault in Our Stars By John Green

This is a young adult fiction novel that narrates the story of a 16-year-old girl who is diagnosed with cancer. She joins a support group where she meets Augustus, and there is a roller coaster of emotions throughout this novel as the relationship between Hazel and Augustus develops.

A Monster Calls By Patrick Ness

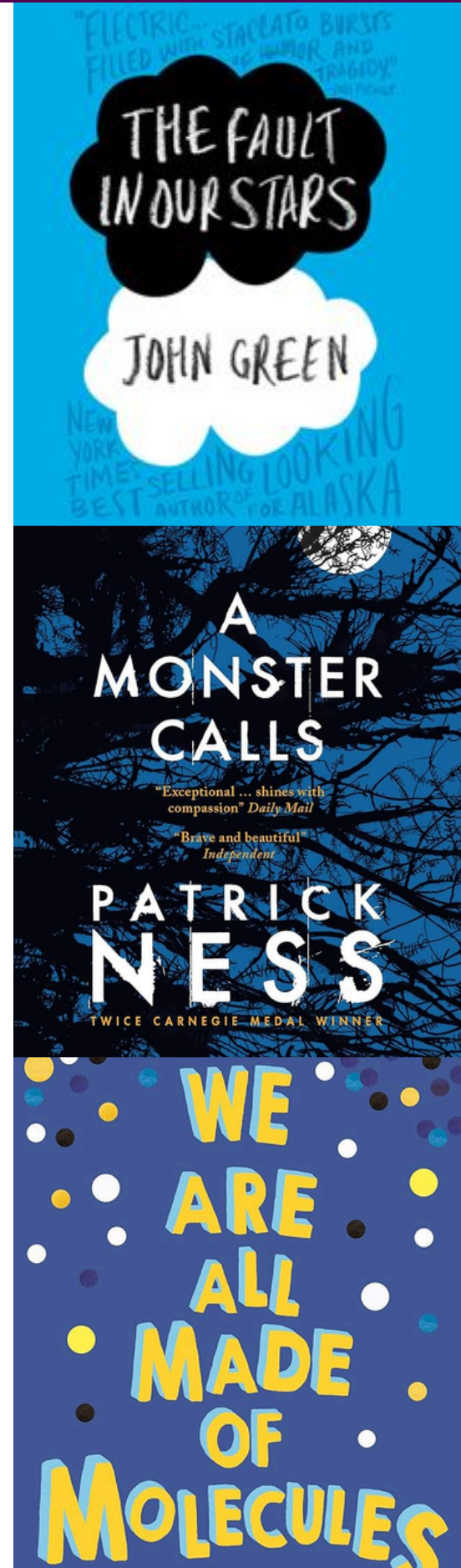
Conor is visited by a monster who tells him three stories. These stories help Conor to understand the complicated feelings he has about his mother's death. The book explores the themes of isolation, acceptance and the importance of storytelling.

We Are All Made of Molecules by Susin Nielsen

Thirteen-year-old Stewart is academically brilliant, but socially clueless. Fourteen-year-old Ashley is the undisputed "It" girl in her grade, but her marks stink. Their worlds are about to collide when Stewart and his dad move in with Ashley and her mom.

A MESSAGE FROM THE RED LIBRARY

Due to exams, the Library can be difficult to access for students who need to return any items so please do not worry, this can be done in a couple of ways: either to form tutors - who will return it for them, or via White House Reception where the lovely ladies will pop items into the library pigeon hole. Also, we are coming towards the end of the school year a gentle reminder that all items on loan from the library do need to be returned by the end of term, reminders will be sent out via form tutors so there is plenty of time to locate any items!



HISTORY CORNER

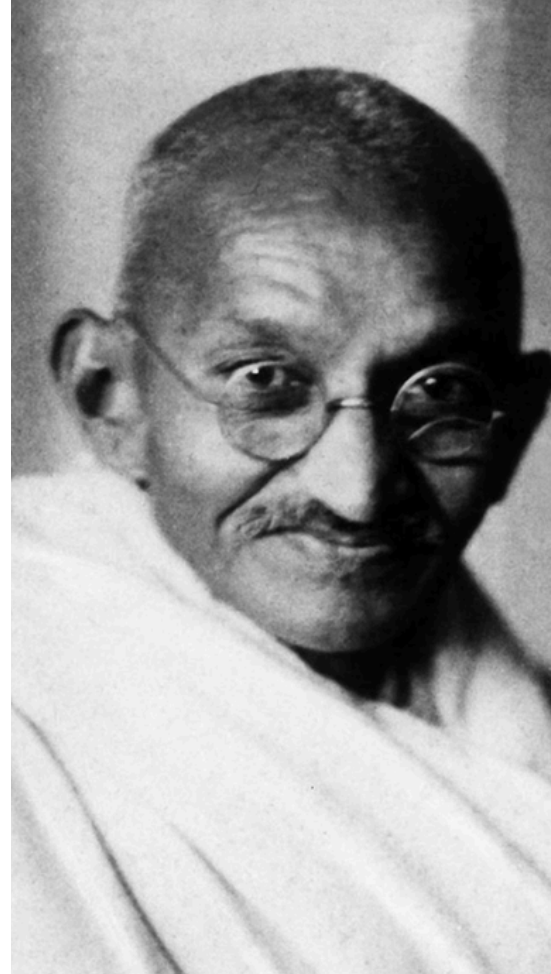
Here is a photo from our archives.



ON THIS DAY... JUNE 7th

In 1099 the first crusaders arrived in Jerusalem...
In 1520 Henry VIII and Francis I meet at the "Field of the Cloth of Gold"...
In 1665 Samuel Pepys writes of houses marked with a red cross as The Great Plague ravages London...
In 1753 the British Museum is founded...
In 1893 Gandhi leads his first act of civil disobedience...
In 1924 George Mallory disappears from the summit of Everest...
In 1929 the Vatican City became a sovereign state...
In 1939 George VI and Queen Elizabeth are the first king and queen to visit USA...
In 1972 the musical "Grease" opened on Broadway...
In 1975 Sony introduces the Betamax videocassette recorder...
In 1982 Elvis Presley's home 'Graceland' is opened to the public...
In 2001 Tony Blair wins another landslide general election victory...
In 2020 in Bristol Black Lives Matter protesters pull down the statue of a 17th Century slave trader...

Today: Happy 83rd Birthday to Tom Jones who always ended his musical variety shows saying "May you always be well and happy!"



COMMENDATIONS



KS Commendations:

Bertie Smith
Charlie Smith
Zach Foulser
Joseph Rogers

Rowan Dale
Theo Nicholson
Charles Scoot
Jessica Sinclair
Ethan Rawlins

Headmasters Commendations:

Jessica Sinclair



A little goes a long way.

30 day wellbeing challenge

DAY 1 find a spring flower on your daily walk	DAY 2 listen to our 'Mind to Walk' audio on your walk	DAY 3 call a fellow Health Walker to say hello	DAY 4 beat the break - stand during TV ads	DAY 5 sit to stand 10x slowly from your dining chair
DAY 6 spot the local rainbows on windows or pavements	DAY 7 stream an online exercise class	DAY 8 call a friend for a virtual walk together	DAY 9 take a photo on your fave local walking route	DAY 10 digital detox! spend 2 hours away from technology
DAY 11 do heel raises as the kettle boils	DAY 12 waving walks - give a big wave to other walkers	DAY 13 study the clouds - snap your fave	DAY 14 ask a friend to complete the next 7 challenges	DAY 15 take a pic of the weather on your walk - rain or shine!
DAY 16 share your top tips with friends to keep active at home	DAY 17 try 10 sidesteps alongside your worktop - left & right	DAY 18 take a pic of spring in bloom	DAY 19 break sitting time every hour to do some stretches	DAY 20 listen again to our 'Mind to Walk' audio on your walk
DAY 21 take a snap of an animal, bird or insect when walking	DAY 22 phone or video call a friend for a coffee break	DAY 23 balance on one leg while brushing your teeth	DAY 24 find something red on your daily walk	DAY 25 record how many bird species can you see from your window
DAY 26 send a note or postcard to a fellow Health Walker	DAY 27 comfort over style? Snap your walking shoes	DAY 28 put the tunes on for a kitchen boogie	DAY 29 walk and talk - get steps in while you call a friend	DAY 30 breathe. write down 3 things you are grateful for





Online Grooming is when someone befriends and builds an emotional relationship with a child and communicates with them through the internet with the intent to commit a sexual offence. This type of victimisation can take place across any platform; from social media and messaging apps to online gaming and live streaming. Often it involves young people being tricked, forced or pressured into doing something they wouldn't normally do (coercion) and often the groomer's goal is to meet the victim in a controlled setting to sexually or physically abuse them. In some cases children may be abducted or have long-lasting psychological damage.



What parents need to know about

ONLINE GROOMING



CHILDREN ARE MOST VULNERABLE

Unsurprisingly children are often most at risk as they are easy to target and unlikely to question the person who is engaging in conversation with them. Groomers will use psychological tricks and methods to try and isolate them from their families and friends and will often choose to target more vulnerable children who may be easier to manipulate. Predators will stalk apps and websites that are popular with young people and will use a 'scattergun' approach to find victims, contacting hundreds online to increase their chances of success.



LIVE STREAMING CONCERNS

Predators may use live video to target children in real-time using tricks, dares or built-in gifts to manipulate them. Grooming often takes the form of a game where children receive 'likes' or even money for performing sexual acts. Social media channels, such as YouTube, Facebook, Instagram and Snapchat, all have live streaming capabilities, but there are many apps which children can use to live stream, including Omegle, Live.me, BIGO Live, YouNow and many more.



ANYONE CAN BE A PREDATOR

The internet has made the ability to interact with strangers online easy. Many sites and apps are reliant on individual users entering their own information when signing up. However individuals can remain anonymous; they choose to enter inaccurate information and many online predator cases are due to groomers using impersonation techniques. However, often the greater threat comes from adults who 'hide in plain sight', choosing to befriend young children without hiding their real identity.



CAN BE DIFFICULT TO DETECT

Unfortunately, most children find the 'grooming' process (before any meeting) an enjoyable one as the predator will compliment, encourage, and attract them to gain their trust, friendship and curiosity - 'a wolf in sheep's clothing' scenario. This often means children fail to disclose or report what is happening. If the groomer is also previously known to the child, their family and their friends, then this can make detection even harder.



FROM OPEN TO CLOSED MESSAGING

Online predators may contact their victims using any number of ways including social media, forums, chat rooms, gaming communities or live streaming apps. Sometimes there is little need to develop a 'friendship / rapport stage', as the victim has already shared personal information online and is communicating openly with others. Children may also be prepared to add other online users they don't know so well to gain 'online credibility' through increasing their friends list. Predators will often seize this opportunity to slowly build a relationship and then move their conversation with the child to a more secure and private area, such as through direct messaging.

EMOTIONAL ATTACHMENTS

Online predators will use emotive language and aim to form close, trusted bonds with their victims through showering them with compliments and making them feel good about themselves. Often victims will refer to them as their 'boyfriends' or 'girlfriends' and it can be difficult to convince some young people that they have been groomed, often leading to lasting psychological effects.

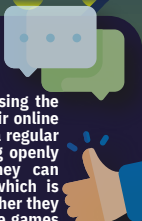


Safety Tips for Parents & Carers



IT'S GOOD TO TALK

It's unlikely that you can stop your child using the internet, nor can you constantly monitor their online activities, but you can talk to your child on a regular basis about what they do online. By talking openly with them about online relationships, they can quickly ascertain the kind of behaviour which is appropriate or inappropriate. Ask them whether they have any online friends or if they play online games with people they haven't met. This could then open up conversations about the subject of grooming.



CHECK PRIVACY SETTINGS

In order to give your child a safer online experience, it is important to check privacy settings or parental controls on the networks, devices, apps, and websites they use. Disable location sharing if you can. If you use location-sharing apps to check where your child is, remember that these could always be used by strangers to follow your child without their knowledge. Ensure that you check options so that location information is never shared with anyone except those they have permission to share with.



MONITOR SOCIAL MEDIA & LIVE-STREAMING USE

It's important to be aware of what your child is sharing on social media and with whom. Create your own profile and become "friends" with them or follow them so that you can monitor their activity. Similarly, always check on them if they are live streaming and implement privacy controls. Choose a generic screen name and profile picture that hides their identity. You may also feel more comfortable being present each time they live stream.



STICK TO 'TRUE FRIENDS'

Make it clear to your child that they should not accept friend requests from people they don't know and to verify friend requests with people who they do know. Encourage them to only interact and engage with 'true friends' i.e. those friends who don't ask personal questions such as close family and friends. Remind them to never agree to chat privately with a stranger or someone they don't really know and to never divulge personal information, such as mobile phone numbers, addresses, passwords or the name of their school.



DISCUSS HEALTHY RELATIONSHIPS

Talk to your child about what a healthy relationship looks like and how to detect someone who might not be who they claim to be. Explain that groomers will pay your child compliments and engage in conversations about personal information, such as hobbies and relationships. They may admire how well they play an online game or how they look in a photo. Groomers will also try and isolate a child from people close to them, such as parents and friends, in order to make their relationship feel special and unique.

BE SUPPORTIVE

Show your child that you will support them and make sure they understand they can come to you with any concerns they may have. They need to know they can talk to you if someone does something they are uncomfortable with, whether that is inappropriate comments, images, requests or sexual comments.



Meet our expert

Jonathan Taylor is an online safety expert and former Covert Internet Investigator for the Metropolitan Police. He is a specialist in online grooming and exploitation and has worked extensively with both UK and international schools in delivering training and guidance around the latest online dangers, social media apps and platforms.



LOOK OUT FOR WARNING SIGNS

Child safety experts have identified key grooming patterns and advise parents to look out for:

- Secretive online behaviour.
- Late night internet or smartphone usage.
- Meeting new friends in unusual places.
- Becoming clingy, develop sleeping or eating problems or even bedwetting.
- Lack of interest in extra-curricular activities.
- Having new items, such as clothes or phones, unexplainably.
- Seem withdrawn, anxious, depressed or aggressive.
- Having older boyfriends or girlfriends.



Nicola Collison

PG Dip in Play Therapy & Credited Counsellor (NCPS)

Talking and Creative therapy

IT'S OKAY TO ASK FOR HELP

I will have a room set up in school so children and young people can choose, with my guidance, how they want to use the sessions.

Hi there, my name is Nicola Collison. I am a qualified counsellor accredited by the NCPS (National Counselling and Psychotherapy Society) and have a Post-Graduate Diploma in Play Therapy. Before that, I was a Primary School Teacher for over 20 years.



No thought or feeling is ever too small or insignificant to explore

“Young people’s lives are so busy and full of pressures that they are having to deal with daily. The need for a safe space where they can be themselves and learn to understand feelings that arise has become ever more important.”

I have worked with children and young people with a variety of needs. Amongst these are bereavement, anxiety, self-esteem, gender, trichotillomania, addictive tendencies, self-harm, eating difficulties, emotional and behavioural difficulties, children with A.D.H.D. and autism. I work primarily in a person-centred way, but depending on how the person I am working with wants to progress, we can dip into different ways of working together either creative or Cognitive Behaviour Therapy (CBT). This will very much allow them to lead the session and me to be there to listen- we can explore together.

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